
Acupuncture microsystems

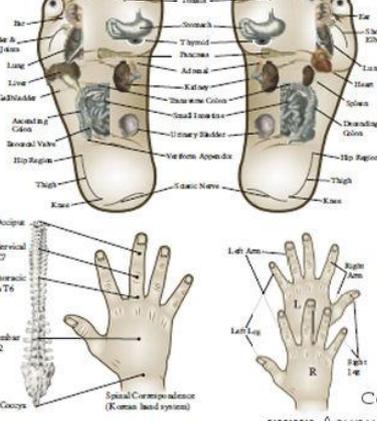
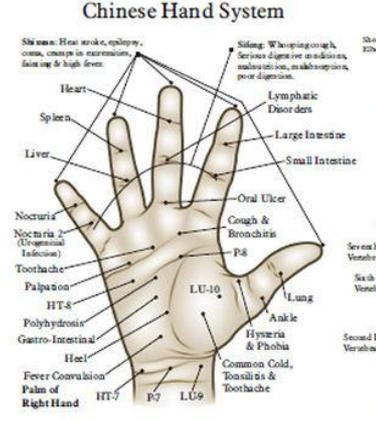
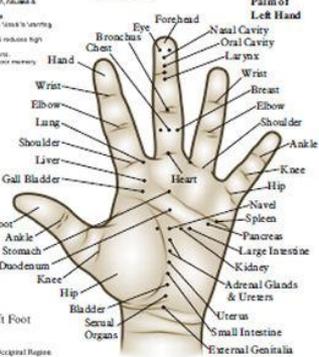
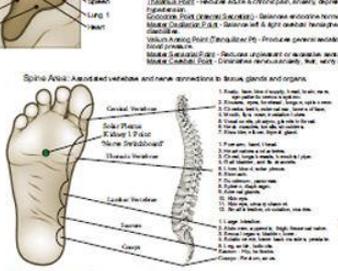
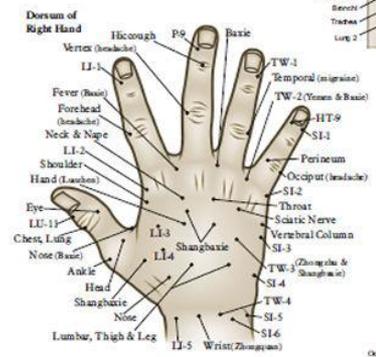
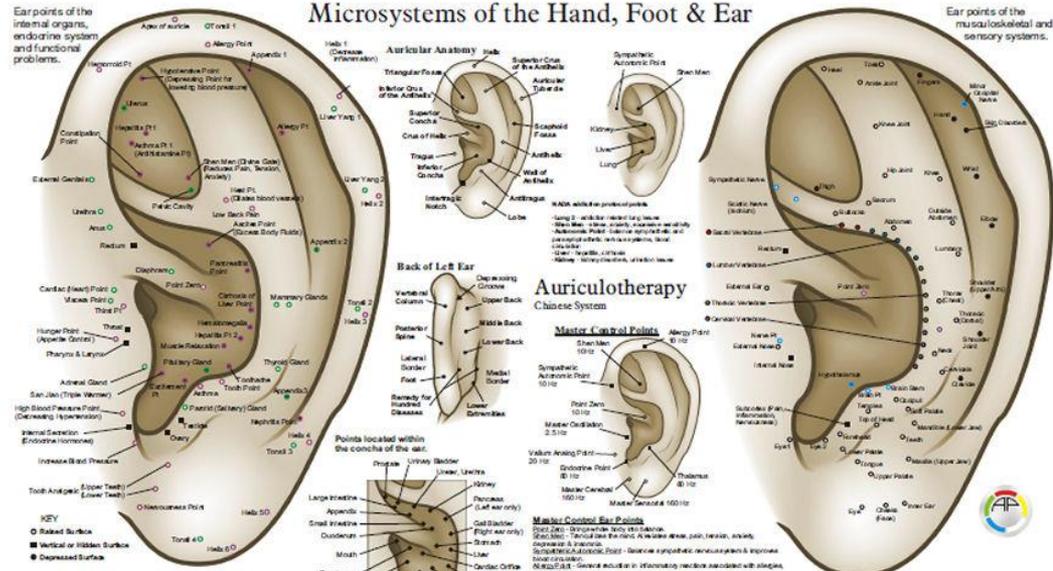
Auriculotherapy

Irina Şincarenco,
dr.ş.t.biol.

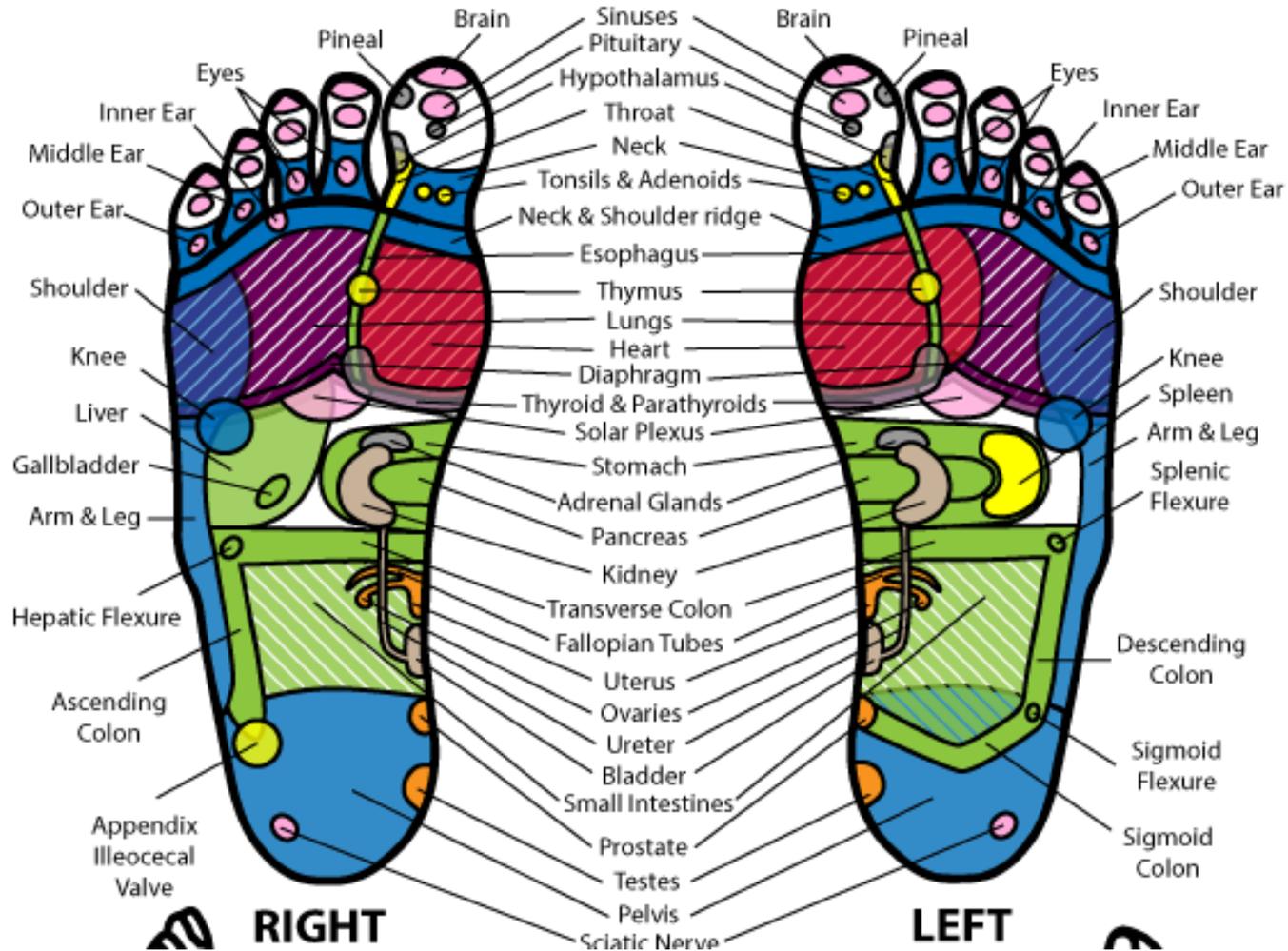
Ear points of the internal organs, endocrine system and functional problems.

Microsystems of the Hand, Foot & Ear

Ear points of the musculoskeletal and sensory systems.



FOOT REFLEXOLOGY CHART

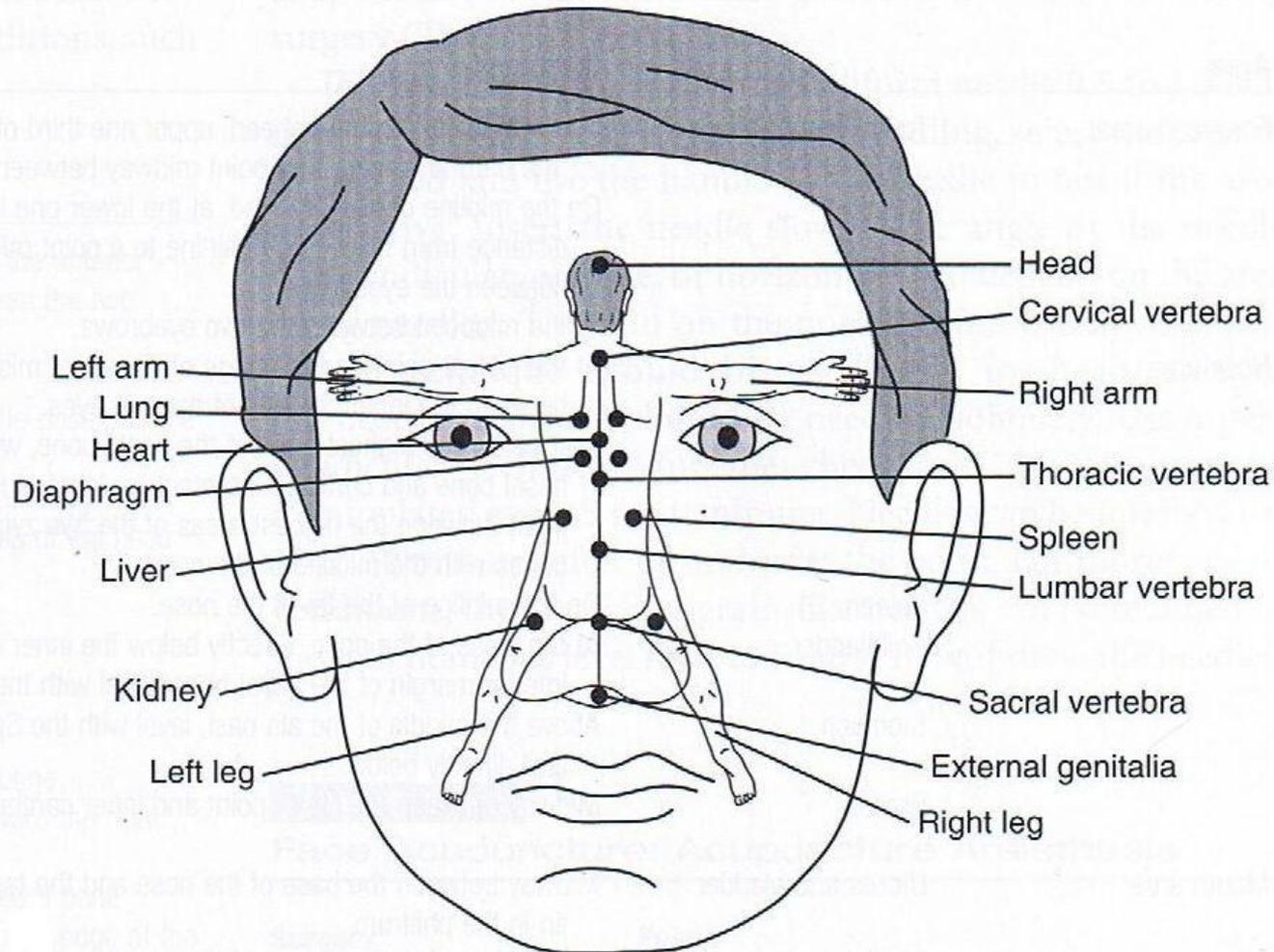


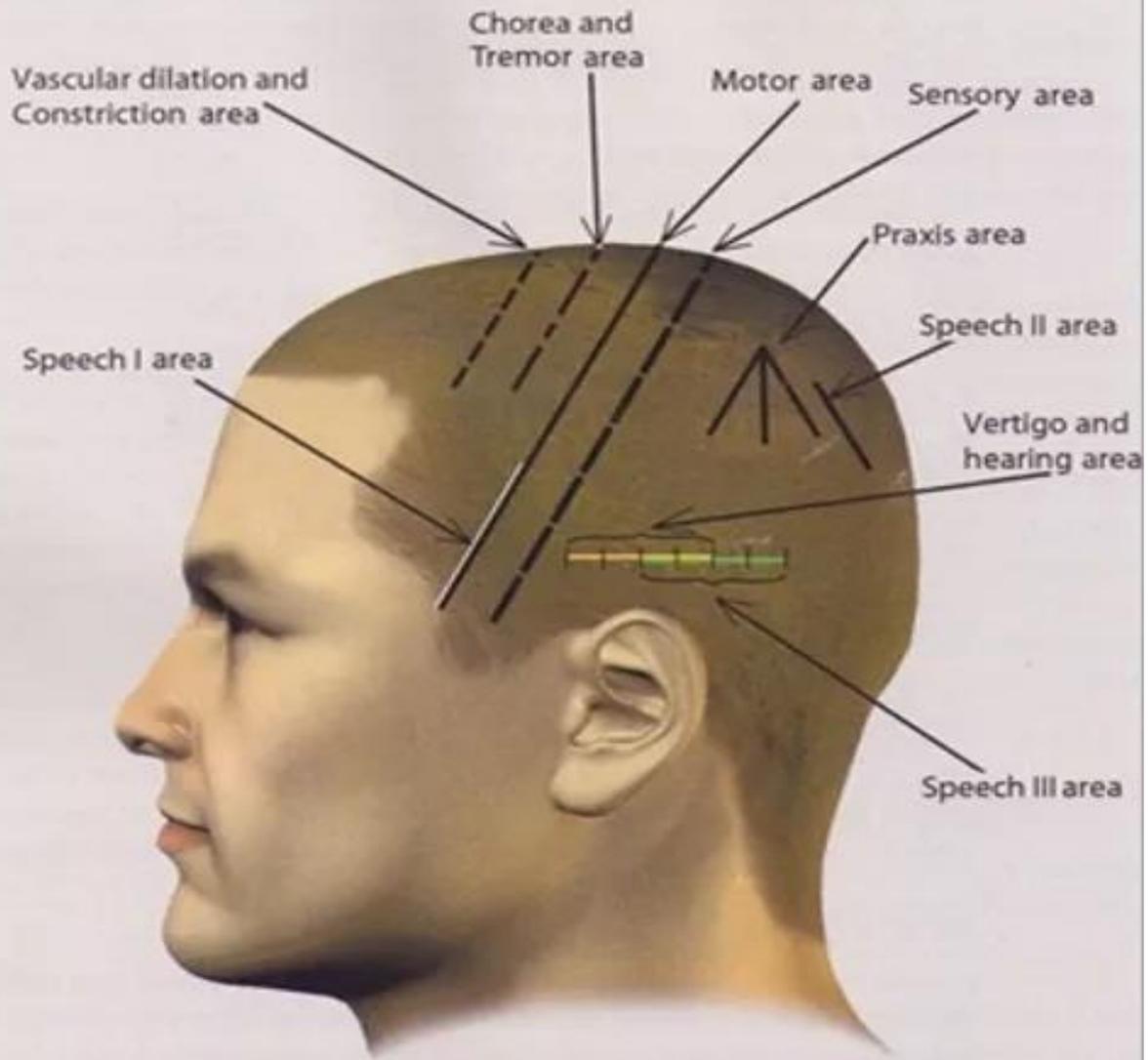
Foot Reflexology Chart





Endonasal microsystem





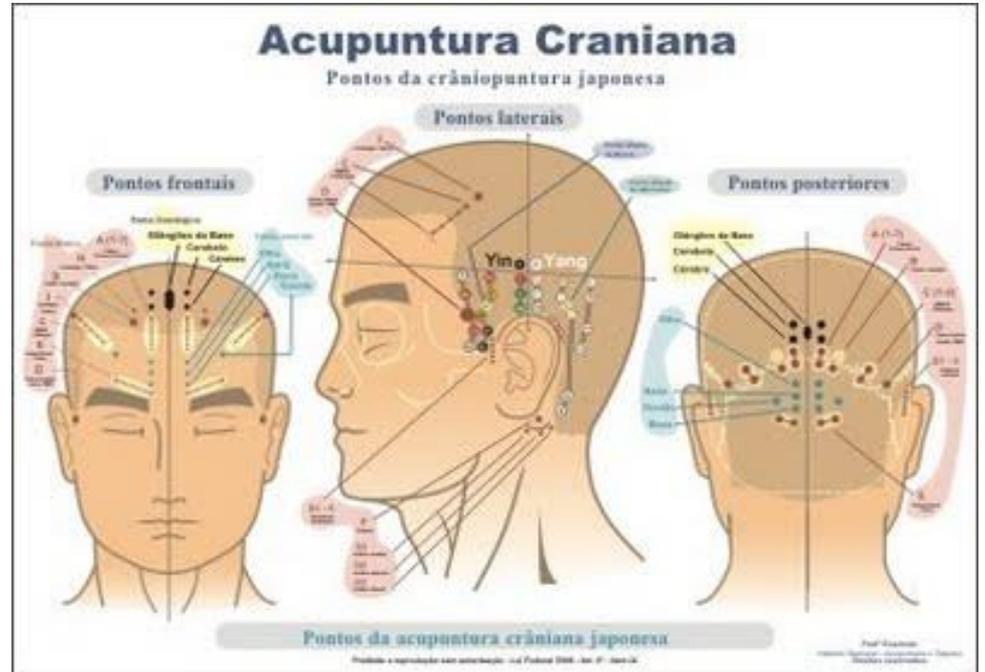
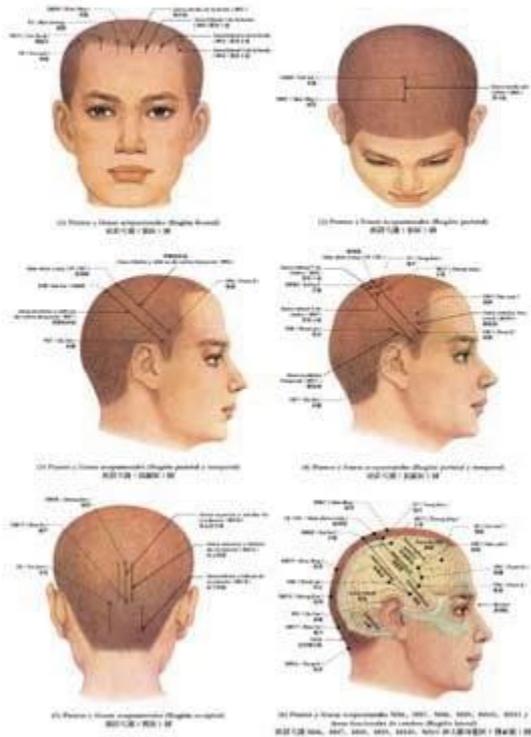
Lateral View of Stimulation Areas

Scalp Acupuncture Wall Chart ①

(English-Chinese)

實用頭針穴綫掛圖

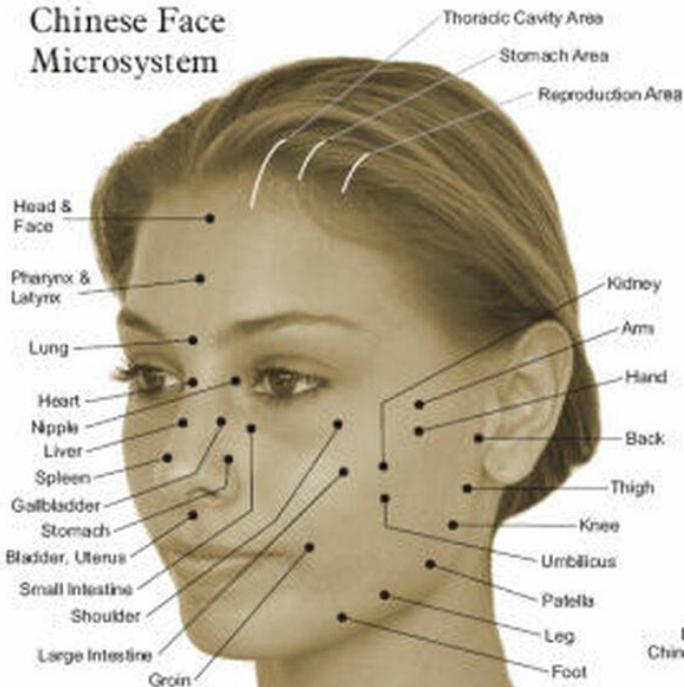
英漢對照



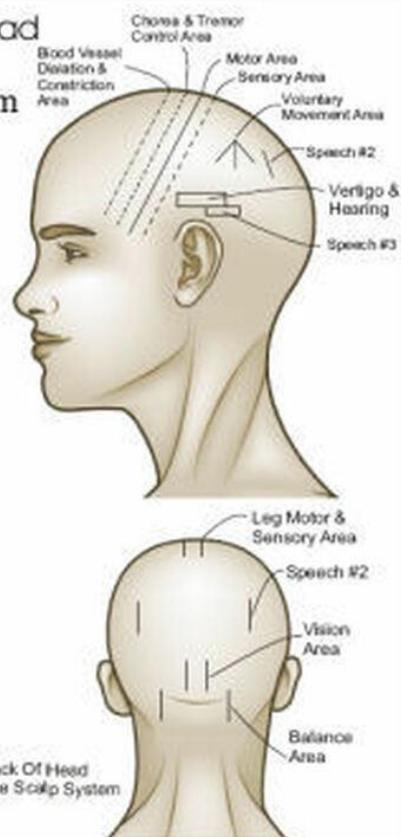
Acupuncture Microsystems of the Face & Head

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Charts, Books, Formulas & Point Locations

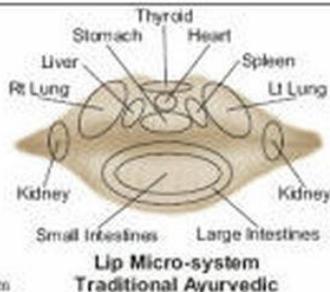
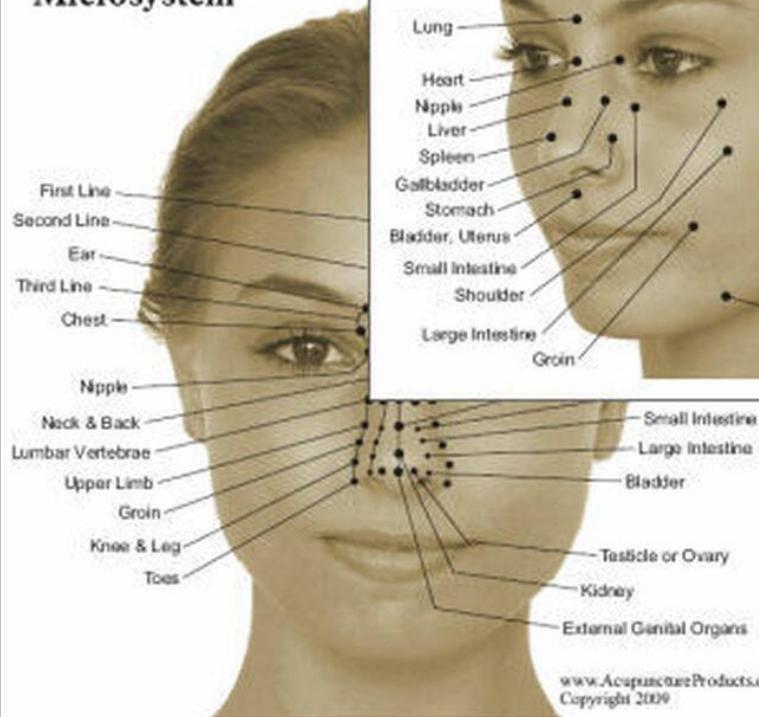
Chinese Face Microsystem



Chinese Scalp System

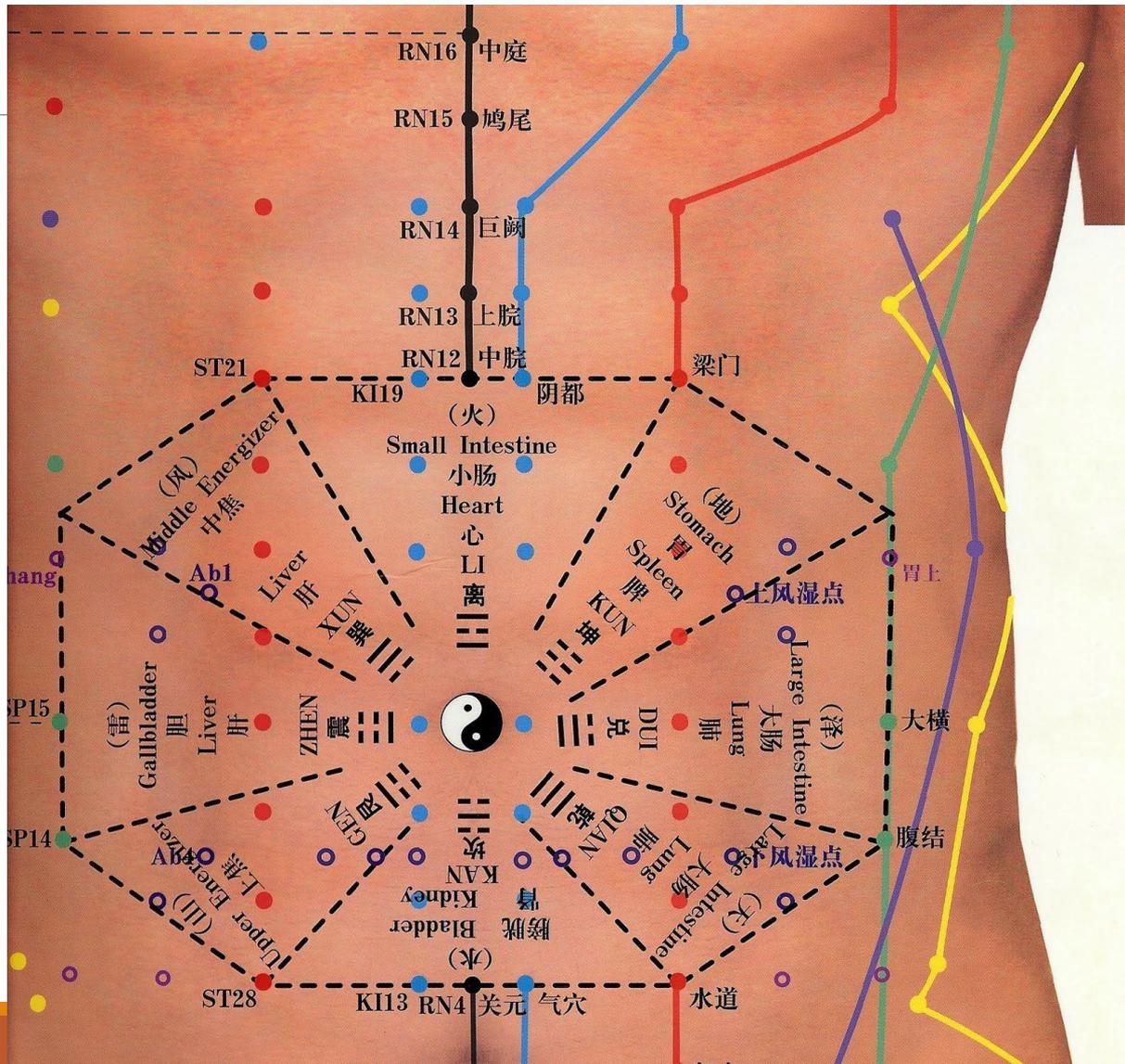


Chinese Nose Acupuncture Microsystem

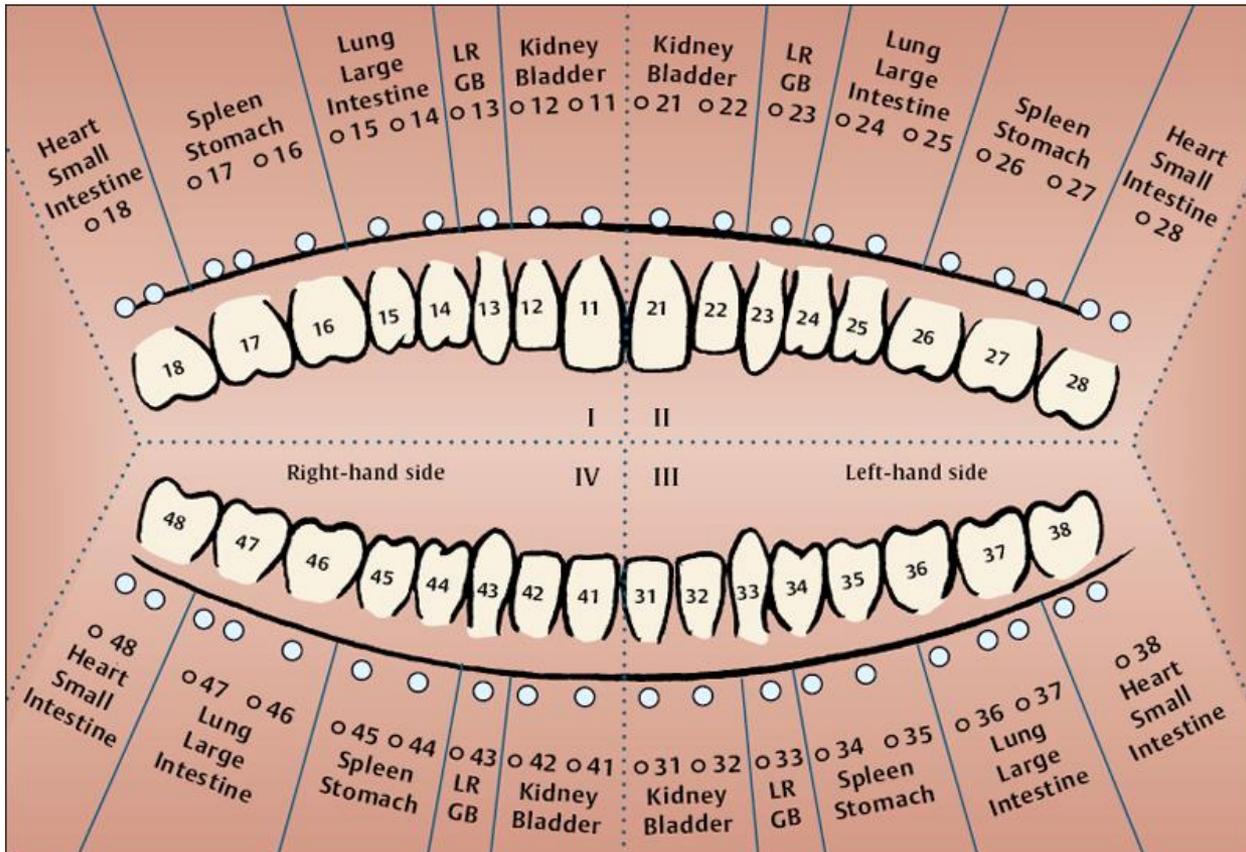


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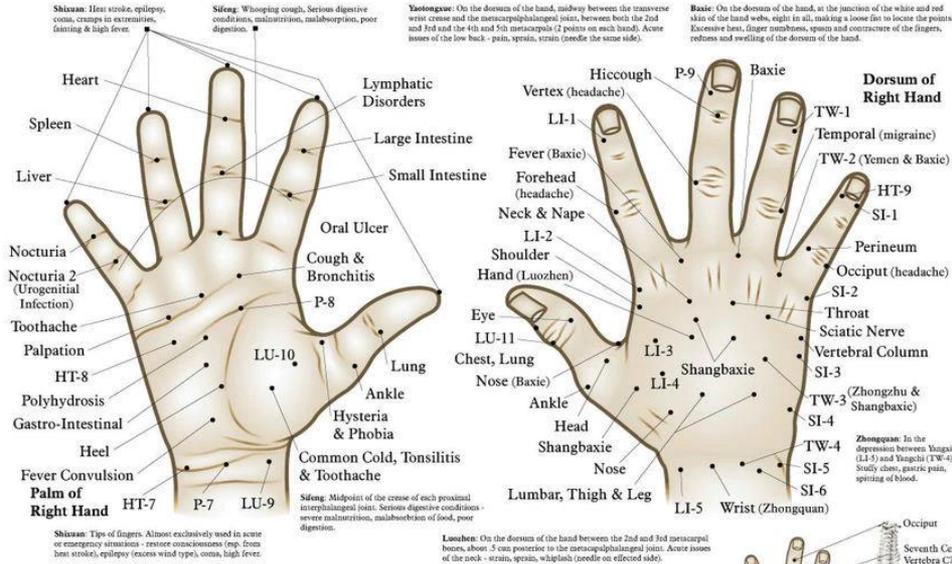
Abdominal system



Oral acupuncture

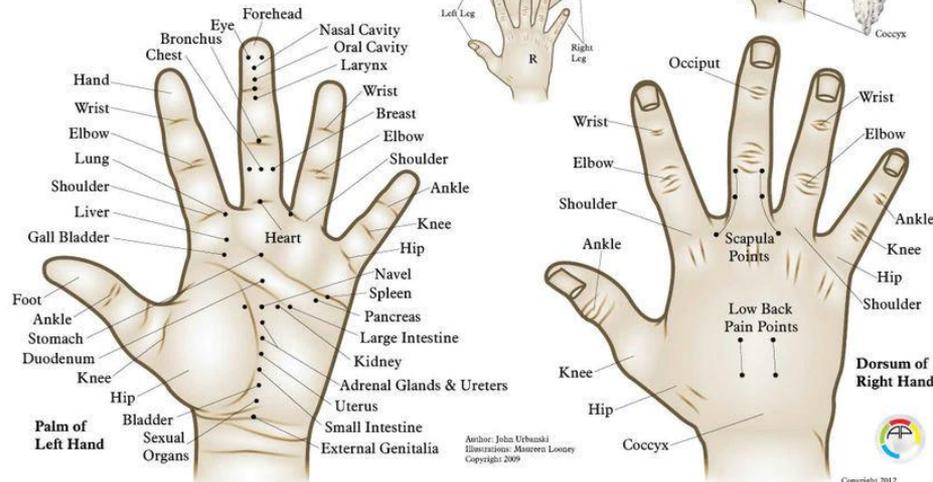


Chinese Hand Acupuncture System

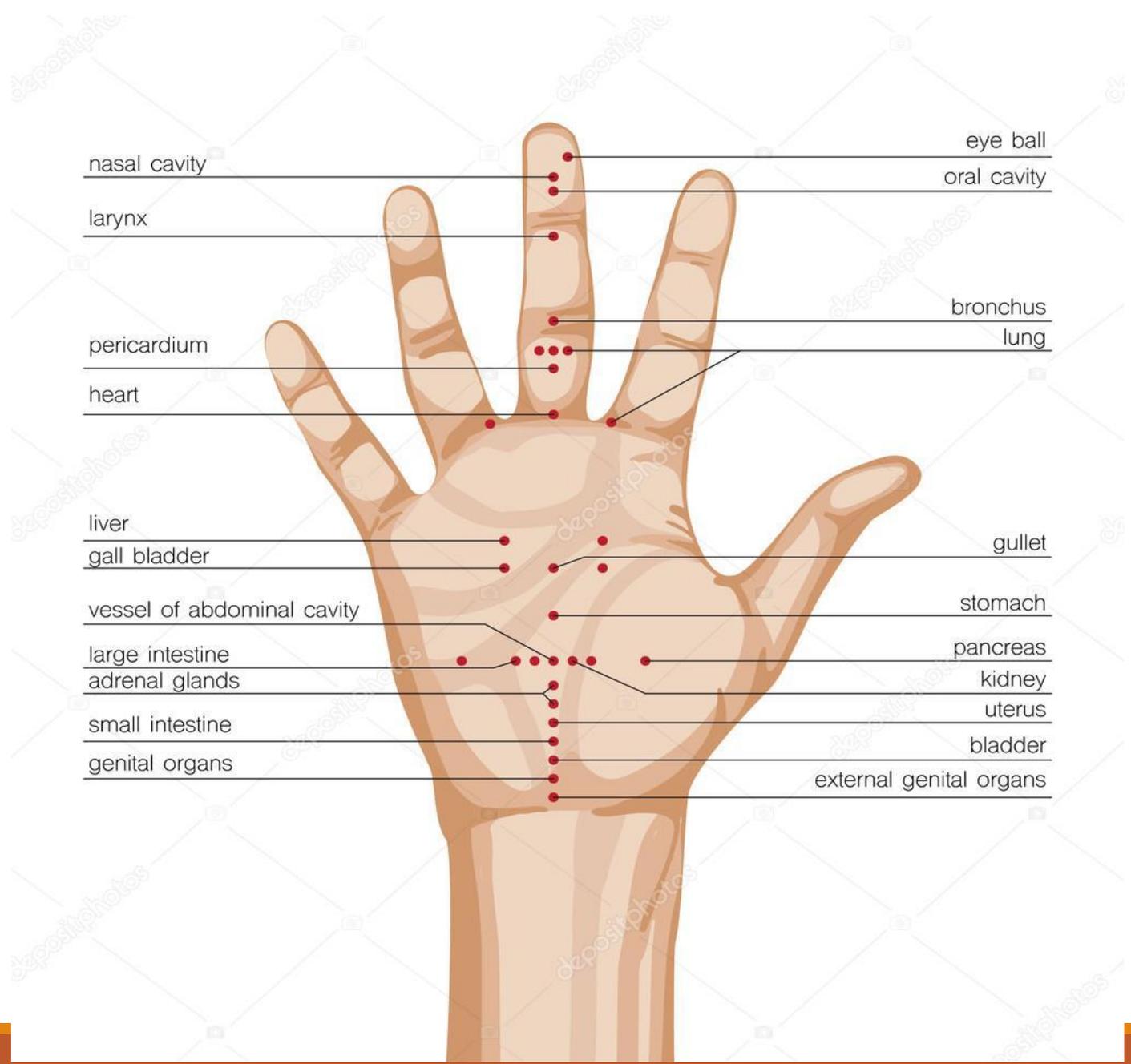


Hand acupuncture/expressure can be performed quite easily by the beginner or experienced acupuncturist/practitioner. The points on the hand are both diagnostic and treatment points. Pain or problems in the body are commonly referred as tender points on the hand. Stimulation of the tender points on the hand have a positive affect on the body. These tender points can be treated by needles, IRLs, laser, electro-stimulators or merely rubbing the points.

In Korean hand acupuncture, the fingers correspond to the arms, legs and trunk of the body. The thumb and pinky correspond to the legs. The index and ring fingers correspond to the arms. And the middle finger corresponds to the hand, neck and upper part of the spine. On the right hand, the thumb corresponds to the left leg. While on the left hand, the pinky corresponds to the left leg.



Korean Hand Acupuncture System



nasal cavity

eye ball

oral cavity

larynx

bronchus

pericardium

lung

heart

liver

gullet

gall bladder

vessel of abdominal cavity

stomach

large intestine

pancreas

adrenal glands

kidney

small intestine

uterus

genital organs

bladder

external genital organs

MICROSYSTEM

SECOND METACARPAL

12 POINTS THAT TREAT:
HEAD
NECK
UPPER LIMBS
LUNG-HEART
LIVER
STOMACH
DUODENUM
KIDNEY
WAIST
LOWER ABDOMEN
LEG-FOOT



APPLICATIONS



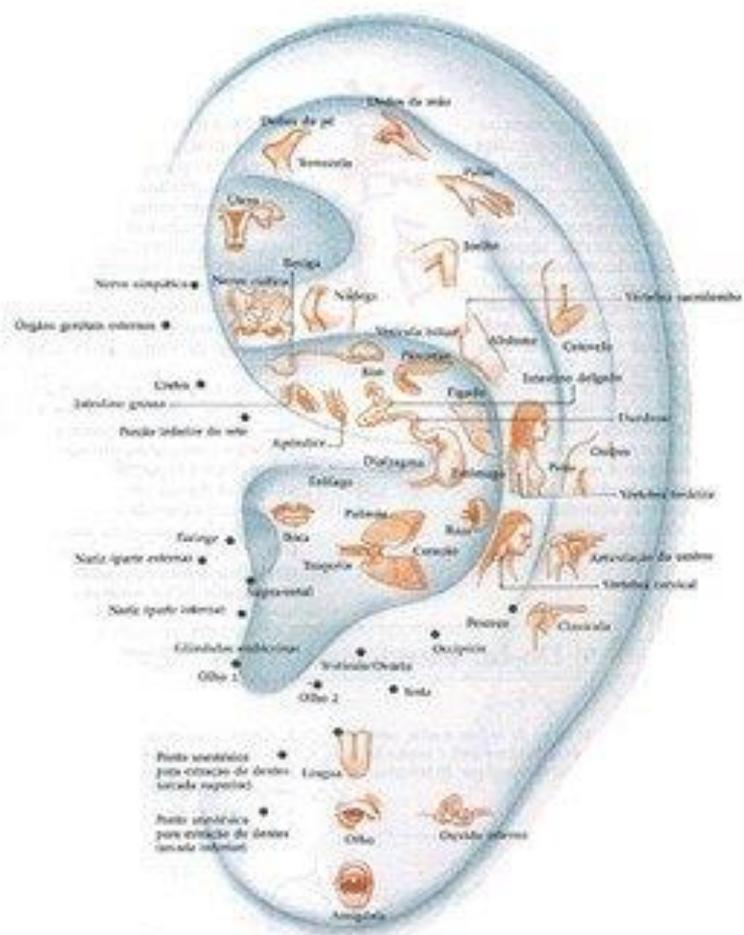
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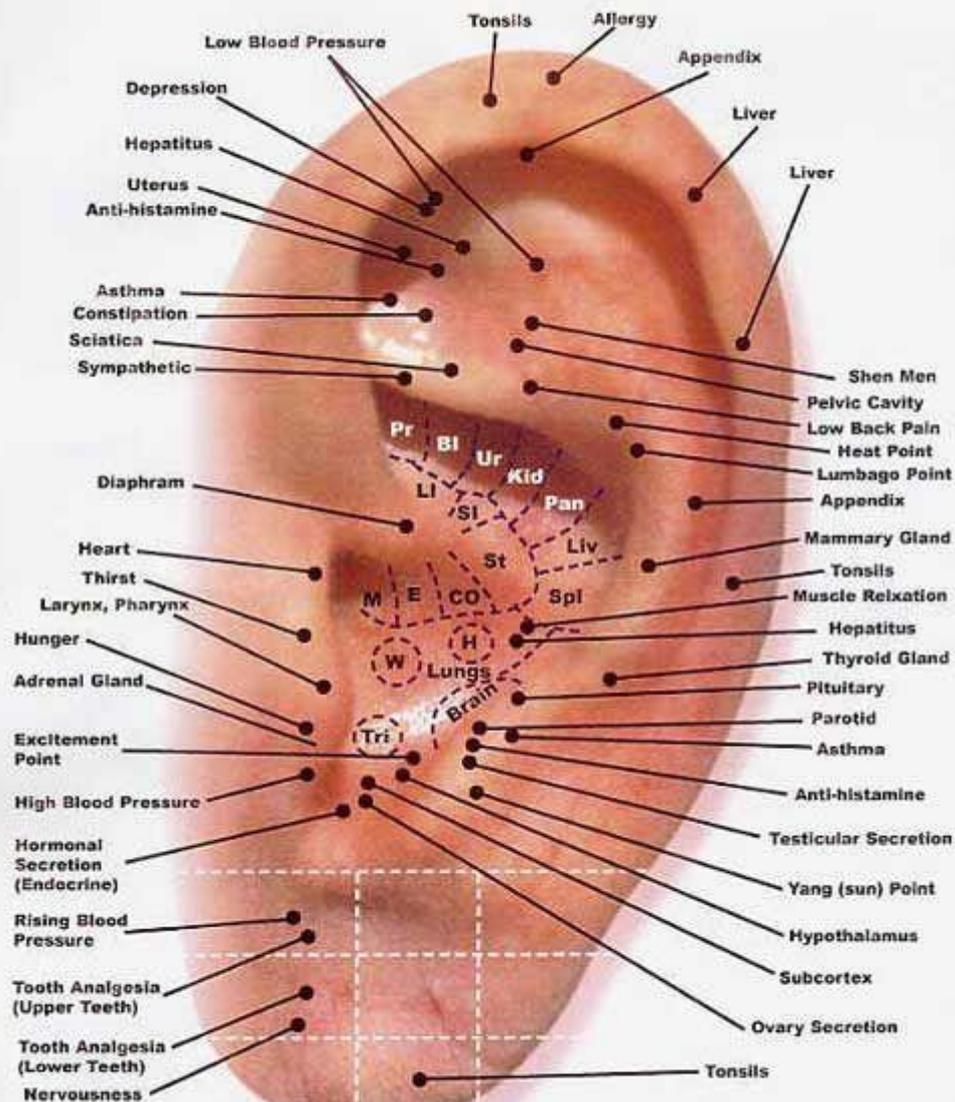
ACUPUNCTURE – CUPPING – MOXIBUSTION – INJECTION THERAPY – GUASHA – BODYTALK – MUSCLE TESTING – MORE

The synonymous terms microsystems, microacupoint systems (MAPS), or somatotopic acupuncture are applicable to each of the following variants:

- Systems offering a basically complete organotropic representation of the organism via points or areas of correspondence (e.g. on the auricle, on the soles of the feet).
- Systems offering mini-scale representations of the channels depicting every one of the points in a very condensed space (e.g. Korean hand acupuncture).
- Systems offering a 12-point representation of the 12 main channels (e.g. YNSA, scalp acupuncture).
- Systems offering punctual representation of the respective coupled channel pairs, that is, of the five functional networks (“elements” of TCM), for example, oral acupuncture.



Physical Ear Chart



M - Mouth St - Stomach Pr - Prostate Kid - Kidney Liv - Liver W - Windpipe, Trachea
 E - Esophagus SI - Small intestine Bl - Bladder Pan - Pancreas, Gall Bladder Spl - Spleen H - Heart
 CO - Cardiac Orifice LI - Large Intestine Ur - Ureter

Musculoskeletal Points

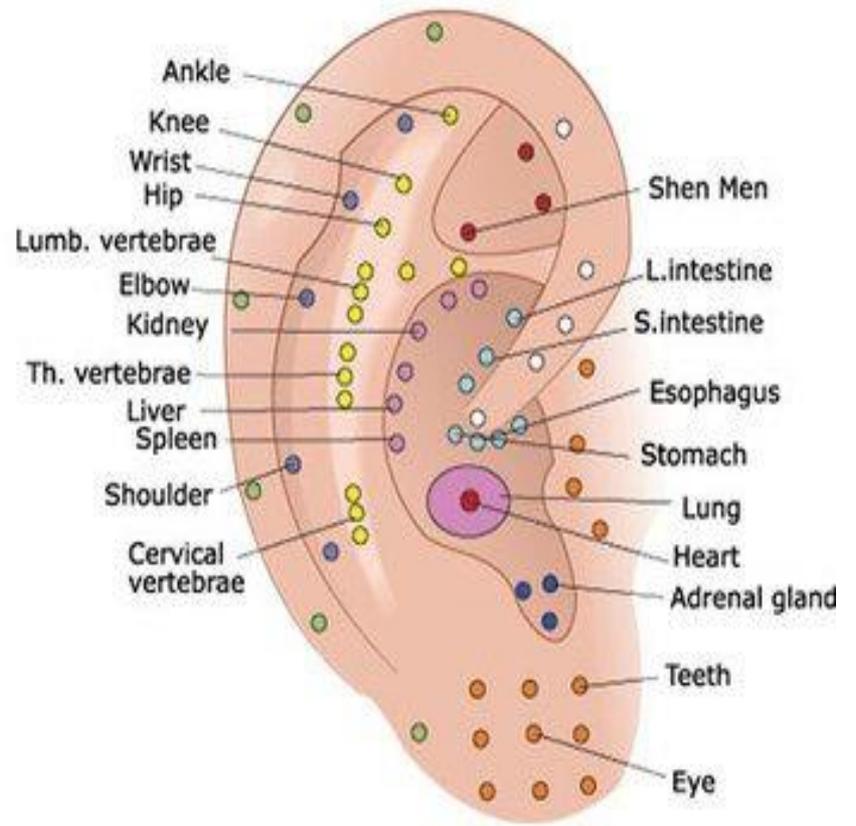
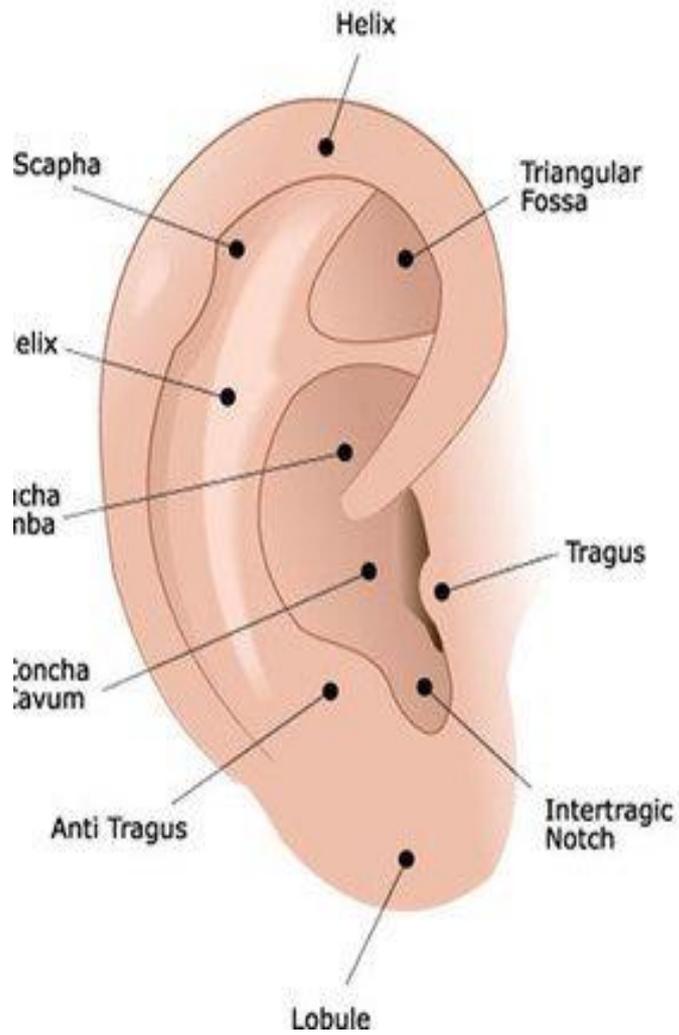


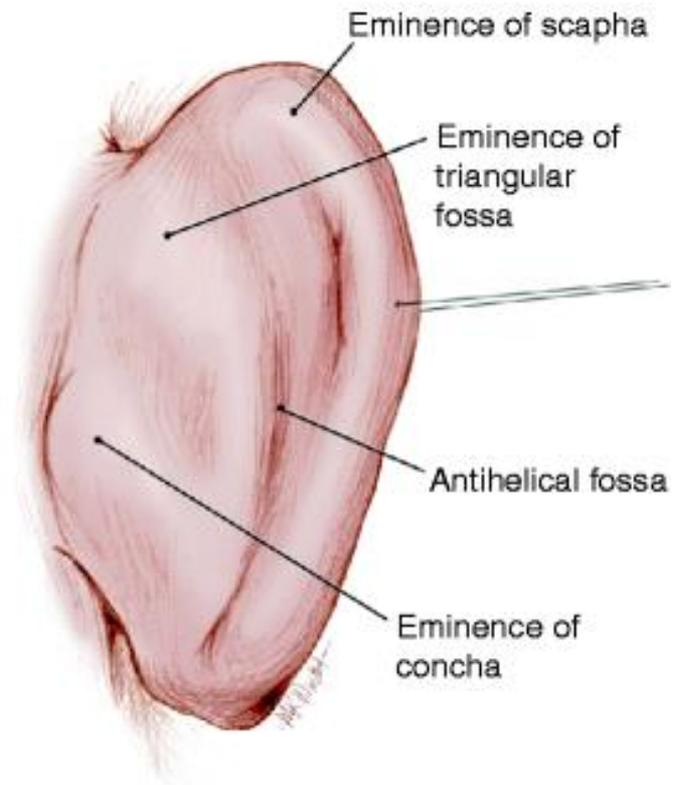
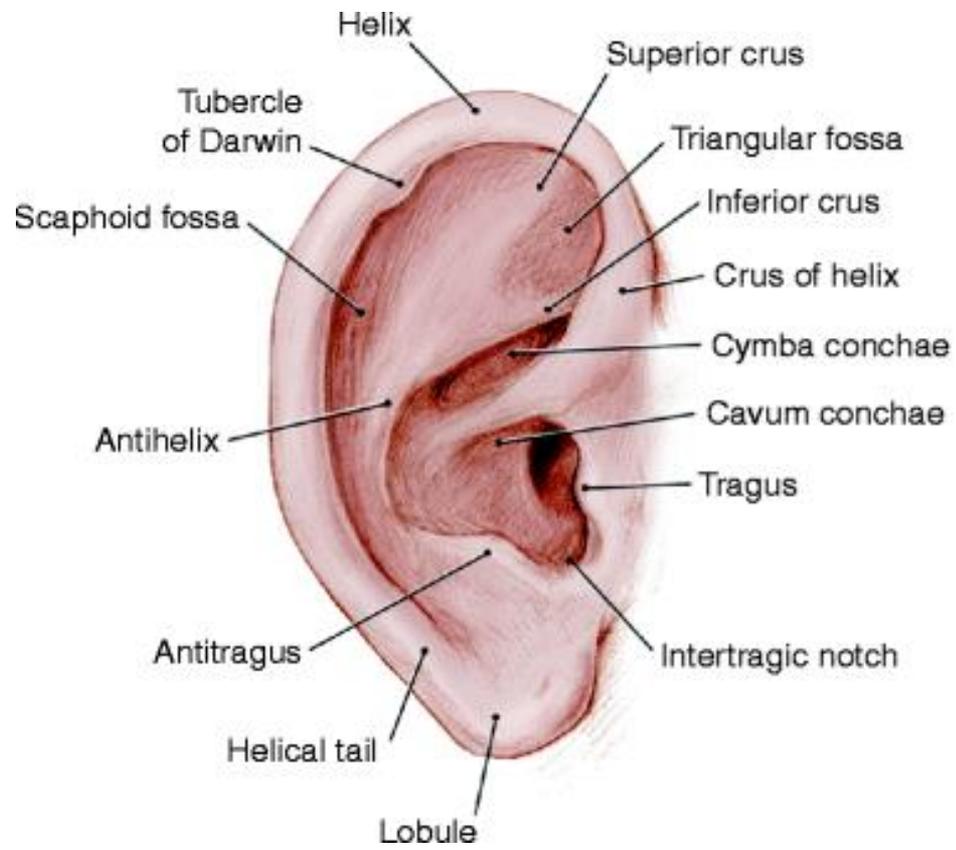
Particularities of ear acupuncture

- Is more efficient in pain syndromes versus corporal acupuncture
- The influence is realized directly.
- Is efficient in pathologies that are diametrically opposed.
- Disadvantage: the stimulation is quite painful
- Manifests an antiaging effect, contributes for longevity
- Is a physiological treatment
- Has a large indication and rapid response

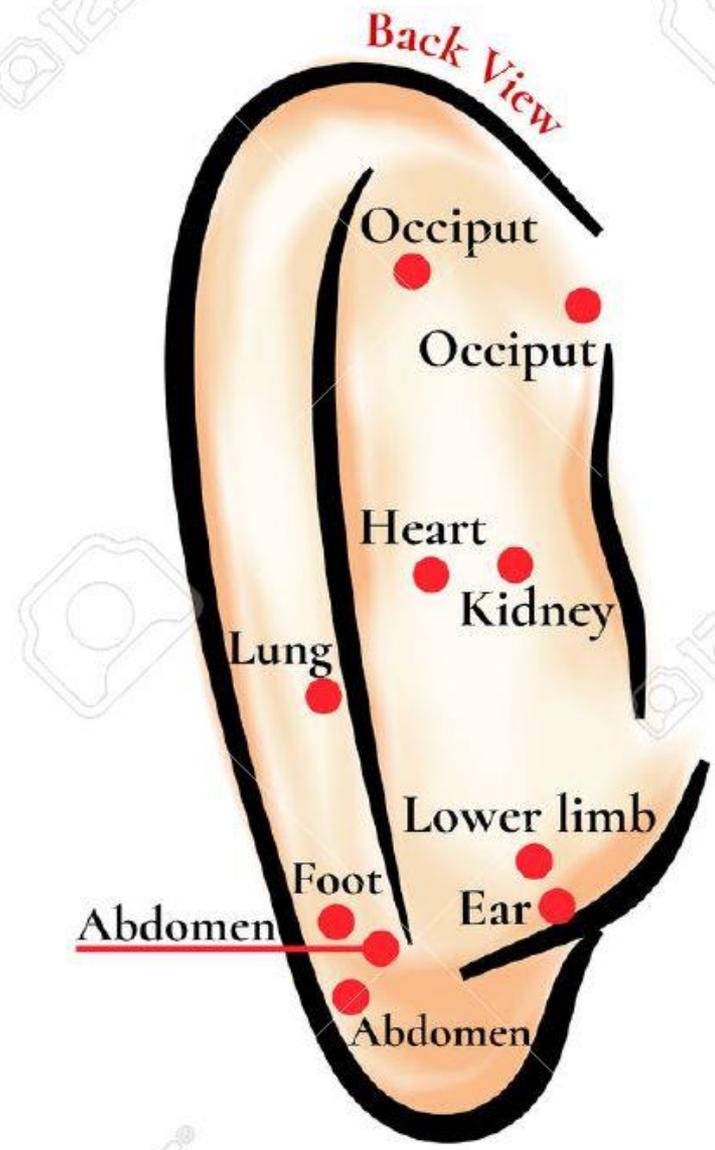
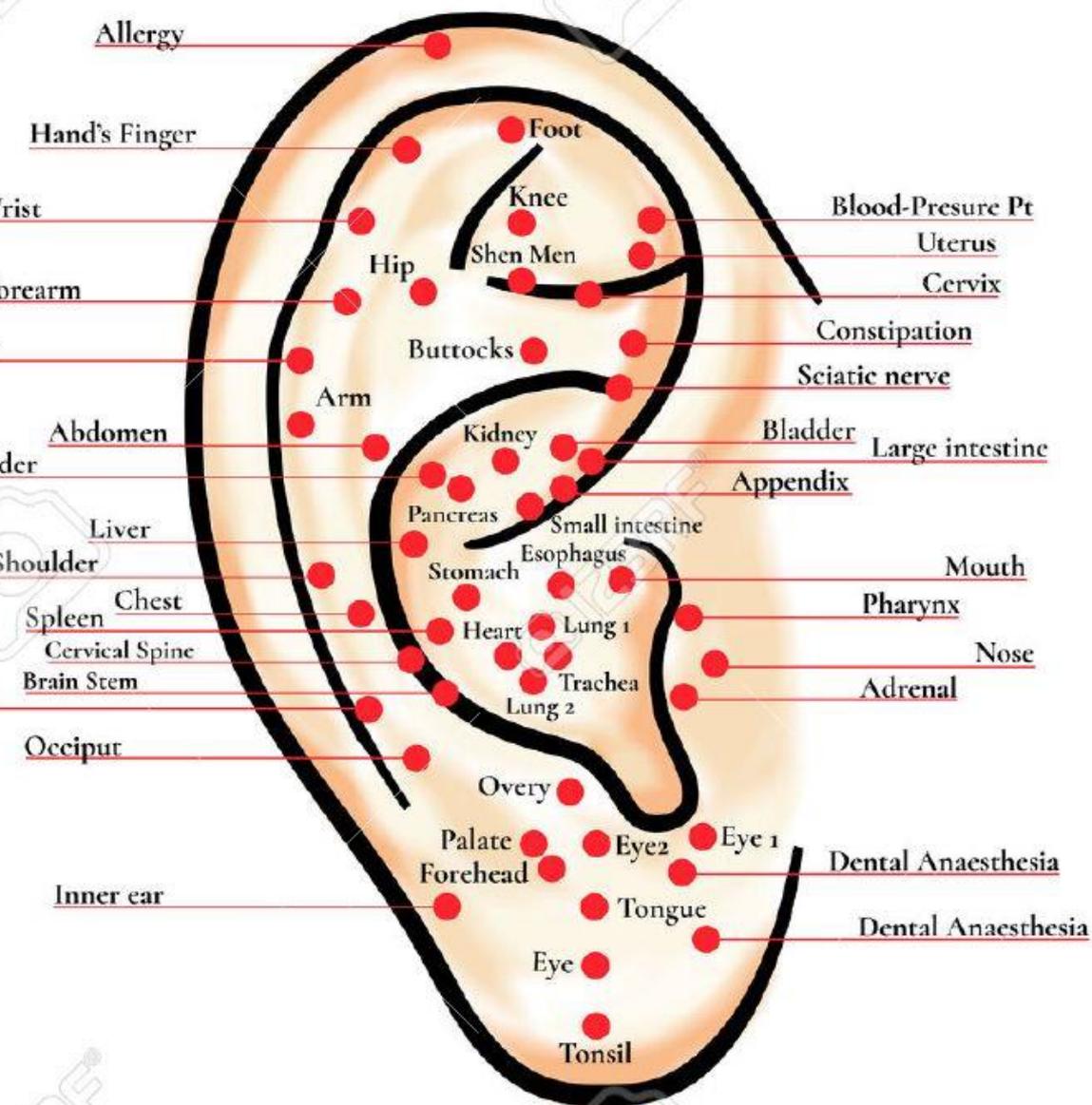
Particularities of ear acupuncture

- Unleashes physiological methods of self-regulation and self-adaptation.
- Normalizes the function of the
 - ✓ central and autonomic nervous system,
 - ✓ neurohumoral system,
 - ✓ psycho-emotional,
 - ✓ immune,
 - ✓ internal organ
 - ✓ etc.

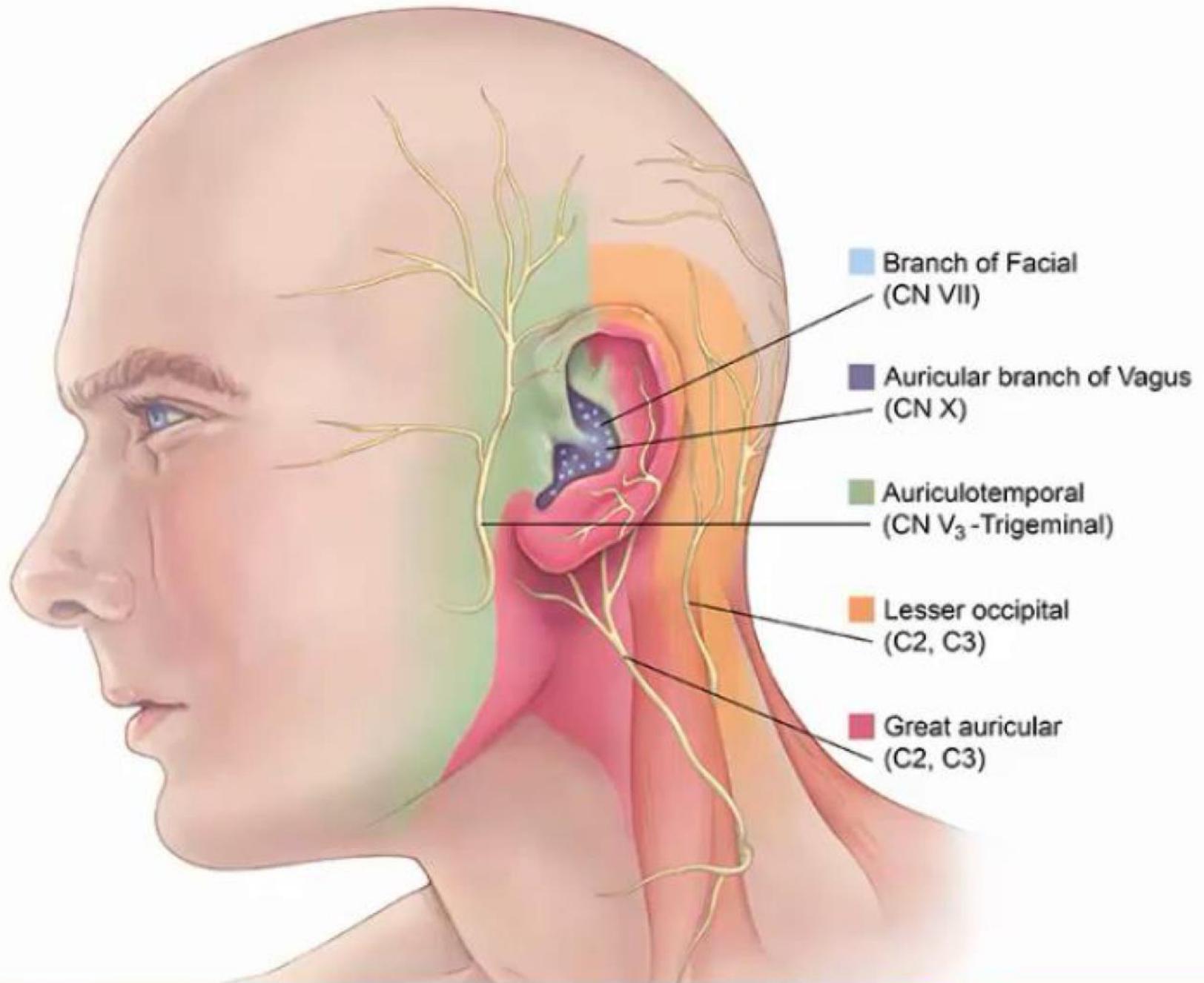




Acupuncture points on the ear



Cutaneous innervation of the ear

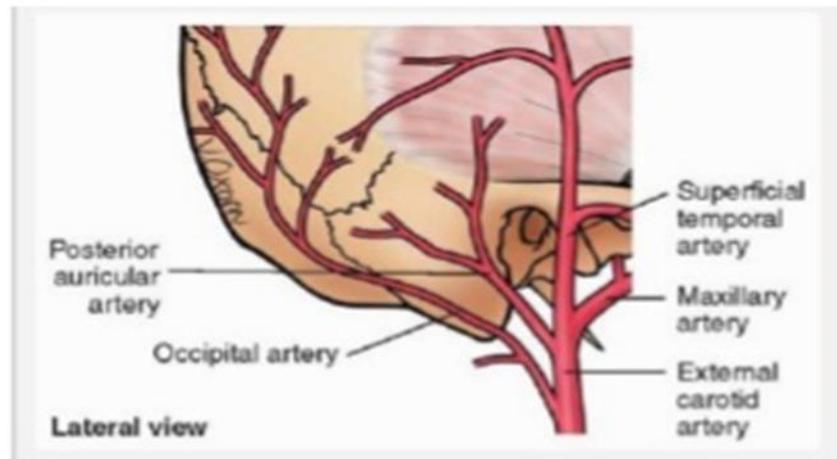
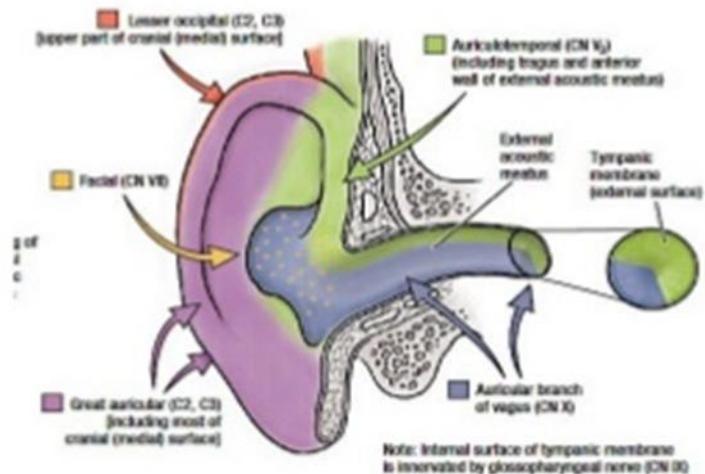


Nerve supply

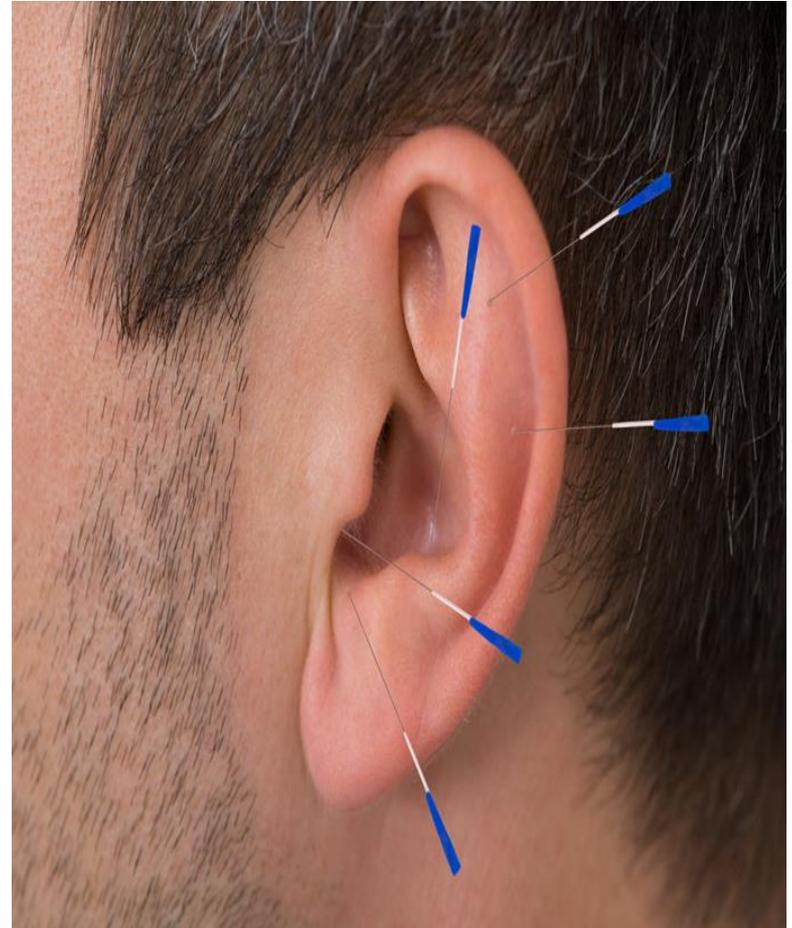
- ATN (V3)
- Great auricular (C2,3)
- Lesser occipital (C2)
- Facial
- Vagus
- Motor- Facial

Blood supply

- Post auricular
- Superficial temporal
- Ant tympanic
- Deep auricular



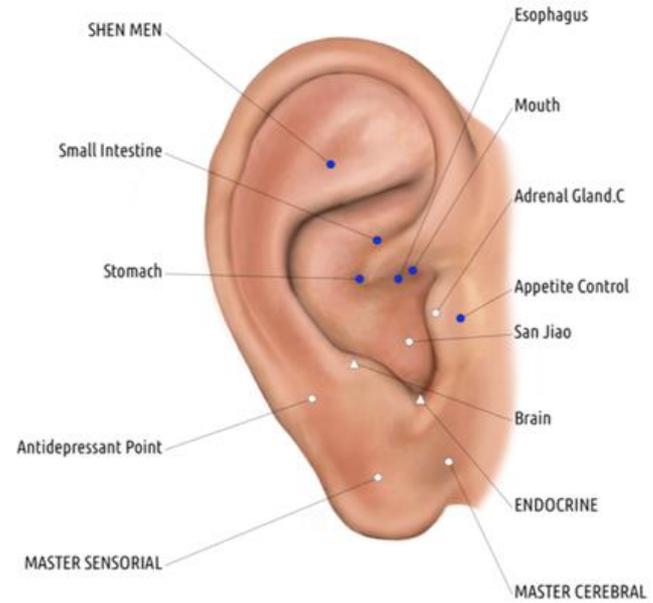
Stimulaion of ear acupoints







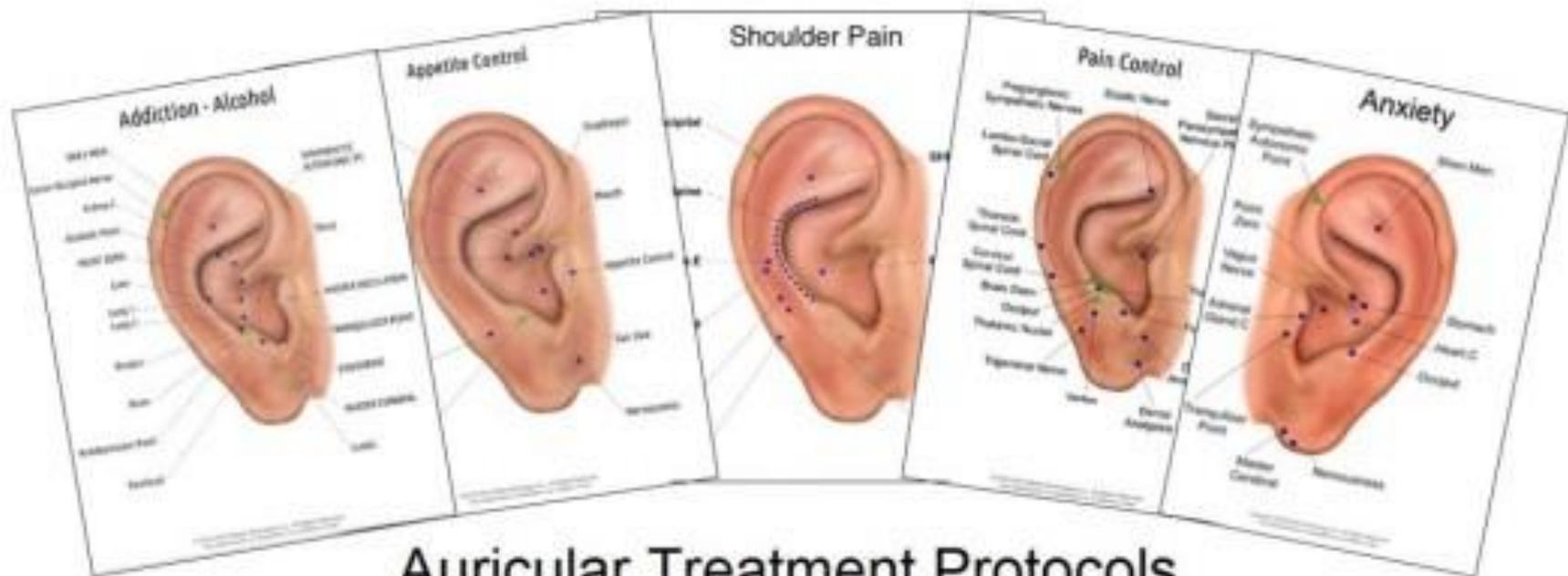
Weight Control



40 – Shenmen point

55 – Low back point

29- Analgesic point



Auricular Treatment Protocols

The importance of traditional methods of auricle massage

The eight methods of auricular massaging are in reality the methods for health protection and health preservation.

These methods are simple to perform, without untoward reactions. They are used to regulate the mental activities, the body and the respiration.

For application of massaging methods, there are three positions to be used: the standing, the sitting and the semi recumbent

During the process of auricular massaging, the patient's whole body should be kept very naturally relaxed and tranquilized, with both eyes looking horizontally forewards, the mouth and eyes loosely closed, face with smiling expression

Massaging manipulations should be slow, rhythmic and continuous, and well in coordination with respiration, at least to breath naturally

The importance of traditional methods of auricle massage

- Unleashes physiological methods of self-regulation and self-adaptation.

Normalizes the function of the central and autonomic nervous system, neuromoral system, psycho-emotional, immune, etc.

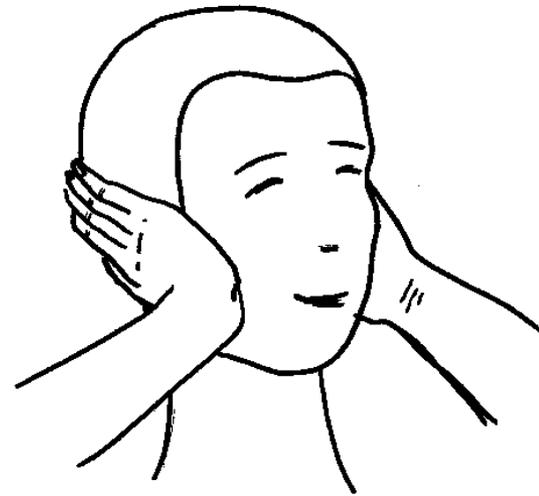
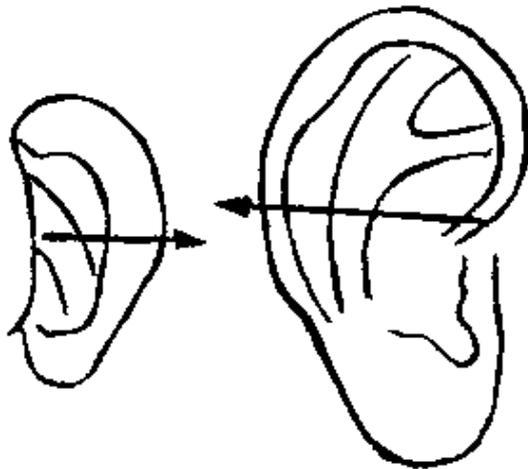
regulating tonus of the muscles.

tonifying the spinal cord and activating the joints.

beneficial to harmonisation of function of genital system.

THE EIGHT METHODS OF AURICULAR MASSAGING

(1) Hearing voice of the pine in the jade building
(Massage the anterior surface and the posterior surface of the auricle simultaneously)



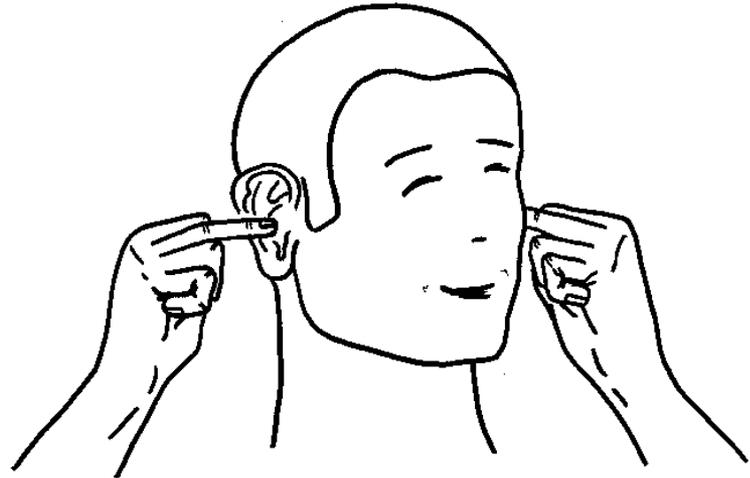
THE EIGHT METHODS OF AURICULAR MASSAGING

(2) The monkey is picking the fruits (Massaging the ear apex, the antitragus and the ear lobe)



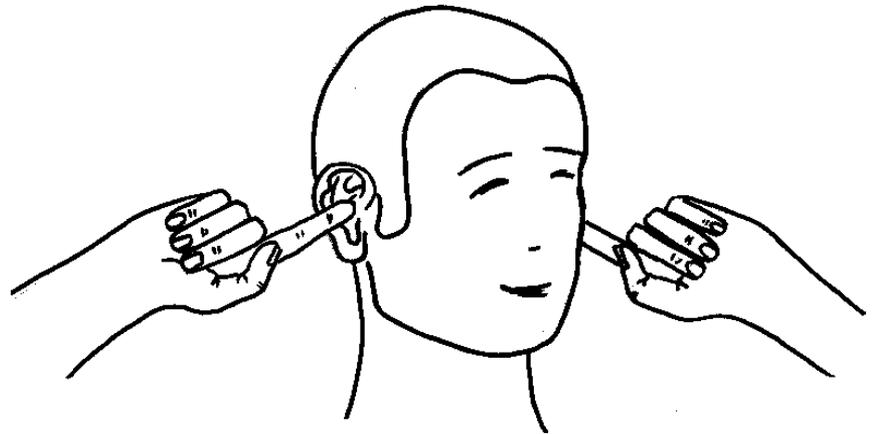
THE EIGHT METHODS OF AURICULAR MASSAGING

(3) The dragon is ponding the sea (Massaging the cavum conchae).



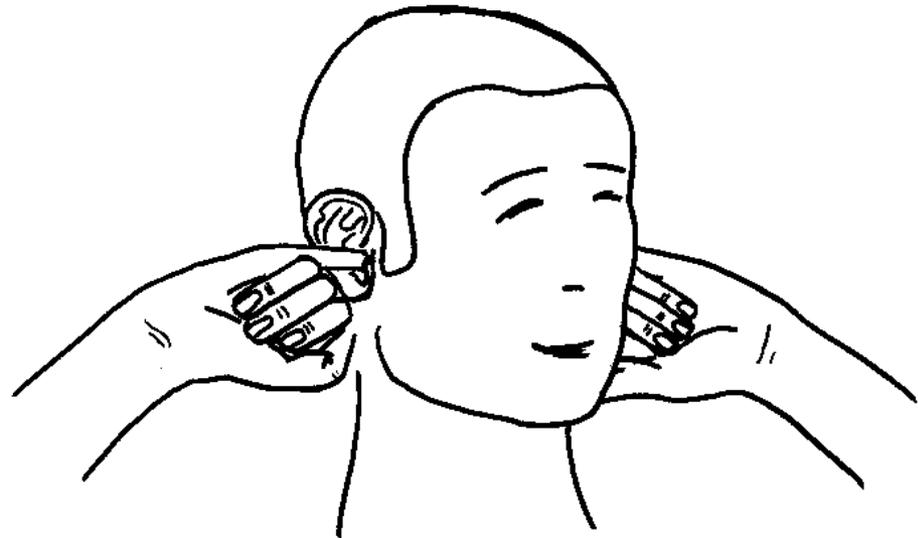
THE EIGHT METHODS OF AURICULAR MASSAGING

(4) Drifting in a boat in the heavenly pool
(Massaging the cymba conchae)



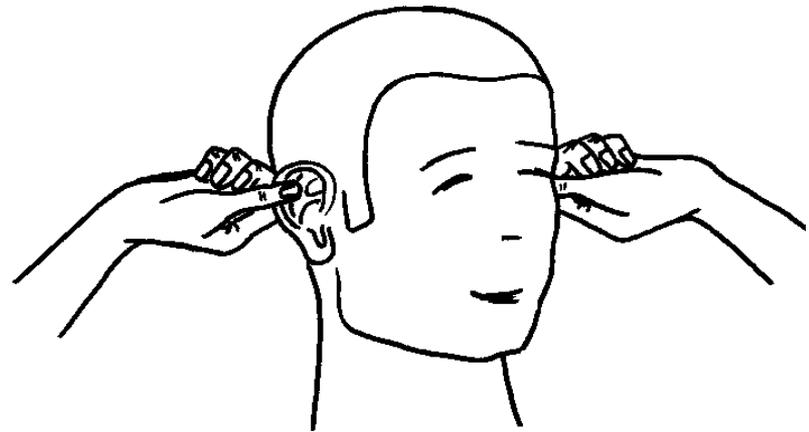
THE EIGHT METHODS OF AURICULAR MASSAGING

(5) The wasps are entering their caves (Massaging the external auditory meatus)



THE EIGHT METHODS OF AURICULAR MASSAGING

(6) The phoenix is spreading out its wings (Massaging the triangular fossa and the superior crus anthelicis)



THE EIGHT METHODS OF AURICULAR MASSAGING

(7) The person of longevity is mountain-climbing
(Massaging the anthelix and the scaphoid fossa)



THE EIGHT METHODS OF AURICULAR MASSAGING

(8) The turtle is offering birthday felicitations
(Massaging the posterior and the anterior ear root)



TRIGGER POINTS HELP WITH

- ANXIETY
- CHRONIC PAIN
- INSOMNIA
- MIGRAINES
- INFERTILITY
- ADDICTION
- WEIGHT LOSS

